



News from the GCS Office



I hope everyone had a wonderful Thanksgiving with friends and family! Greenland Central School is very thankful for a recent grant/donation that we have received from the Thomas Edward Fogarty Memorial Fund. Thomas' parents met with Assistant Principal von Burn and myself this November and discussed our new Readers' Workshop model and the need for materials and books for the program. We are very pleased to say that the Fogarty's presented us with a \$19,000 check. These funds will be going towards buying literacy materials and creating the Thomas Fogarty mobile library (a library that can travel between classrooms). This mobile library will enable our children to have many book options available at a variety of levels. The Fogarty's generosity is possible due to donations that individuals make to their son's Memorial Fund. During this season of giving, if you would like to contribute, **donations may be made to the Thomas Edward Fogarty Memorial Fund, c/o Greenland Central School, 70 Post Road, Greenland, NH 03840.**

What is Readers' Workshop? Below is a table that I found that is helpful for explaining the model. Thanks to <http://www.sdsm.k12.wi.us>

Traditional Approach	Readers Workshop
<p>Instruction:</p> <ul style="list-style-type: none"> •Whole class reading/Reading groups •Limited/no independent reading time •Teacher teaches whole class reading skills •Lack of student participation •Teacher sets the pace for reading (some students are held back, some fall behind) 	<p>Instruction:</p> <ul style="list-style-type: none"> •Whole class, small group, and independent reading •Explicit Modeling/Think-Alouds in whole group and targeted instruction in small group and conference. •Teach Reading Skills <i>and</i> Strategies •All students participate (Turn and Talk) •Students read at their own pace; they can move ahead or re-read as necessary
<p>Application:</p> <ul style="list-style-type: none"> •Students read the SAME text over a period of time •The students answer questions at the end of a story and complete worksheets to demonstrate the skill •Students not aware of teacher's reading processes and practices •Primary instruction of reading skills presented in a format based on basal 	<p>Application:</p> <ul style="list-style-type: none"> •Students read different books (interest and level) •Students apply and demonstrate skills and strategies for their own books, leaving "tracks" of their thinking •Teacher models reading processes and shares reading practices (use of read alouds and think alouds) •Instruction emphasizes teaching reading strategies
<p>Assessment:</p> <ul style="list-style-type: none"> •Comprehension Multiple Choice Assessment 	<p>Assessment:</p> <ul style="list-style-type: none"> •Running records, conferencing, rubrics, notebook, self-reflection, comprehension open ended/multiple choice assessments

Homework club is starting up again soon for grades 3-8! **Reminder- Please be at GCS by 3:00pm to pick up your child(ren) that are participating.** Here is a link for you to use to sign your child up for the program: <https://goo.gl/forms/th4mQJoSdtJltrGx1>



News from the Guidance Office

Ms. Cleary has been working with the 3rd, 4th and 5th Grade students this month on **Calming Down Skills**. Students learn specific skills for calming down when experiencing strong feelings such as anxiety, frustration or anger. The steps for calming down are;
Stop yourself from having a strong reaction.

Name your feeling- recognize and be aware of the feelings you are experiencing. **Calm Down-** Use coping strategies to calm yourself down so that you can solve a problem.

- **Breath-** Take slow deep breaths in through your nose and out through your mouth. The lower stomach fills up like a balloon.
- **Positive self-talk-** The use of polite and positive discussion inside your head. Tell yourself, "I can do this" or "I'm fine I've got this" silently inside your head.
- **Changing your thoughts-** Notice what you are thinking about a situation. Are these thoughts helping you? Can you change those thoughts to be more positive? Can you take the blame out of a situation? What part can you control or be responsible for?



News From Mrs. Bacon in the media center:

We live in a world surrounded by technology. And we know that whatever field our students choose to go into as adults, their ability to succeed will increasingly depend on understanding how technology works.

That's why our entire school is joining in on the largest learning event in history: The Hour of Code™, during Computer Science Education Week (December 4-10). (Students may participate in ICT/Media class the week before and/or the week after these dates as some online resources run slowly due to high volume.) More than 100 million students worldwide have already tried an Hour of Code.

Our 4th annual Hour of Code is making a statement that Greenland Central School is ready to teach these foundational 21st-century skills. We are dedicated to continue bringing programming activities to your students.

See <http://hourofcode.com/us> for details, and help spread the word.



What's new in Health and Physical Education class this month?

We have completed our Fitness testing! Thank you to all the parents, grandparents, middle school students, and Greenland Police Officer Bertogli for assisting with grades K-2 fitness testing.

Students in K-2 are now working on cooperative fitness activities. Ask your first and second graders about the Fitness Board game with the big dice that they rolled. Parents, ask your third and fourth graders about Foxtail grab and Dead Ant tag. Students in grades 5 & 7 have been participating in a basketball unit with the focus on dribbling, passing, shooting, and moving to open space. Students in grade 6 have been doing fitness stations. Sixth graders are also participating in the Manchester Monarchs Healthy Hat Trick in class. Students are doing some of the same exercises that the Professional hockey players do, for instance, planks, speed and agility runs, and hamstring stretches. By participating in this program, students will be able to receive a free ticket to a Monarchs game. More details to come! Students in grade 8 have started creating their Invent A Games. Soon, they will be teaching their classmates their own original games and playing them in class.

Over the next couple months, Dr. Adam Bottrill will be teaching students in elementary school about oral health and the importance of taking care of your teeth. Dr. Adam recently opened Seacoast Children's Dentistry in Greenland. Dr. Adam discusses why you should go to the dentist, what consists of a typical dental visit, how to and how often to brush and floss your teeth, as well as what healthy foods and drink you should choose over the high-sugary ones. Students received take home bags that included a tooth brush, floss, healthy snack food guide, and a newsletter about Dr. Adam's visit.

Lastly, Winter fun is right around the corner! Check out SkiNH for details on how your fourth or fifth grader can receive a free lift ticket or trail pass to each of the 34 different ski mountains in New Hampshire. Alpine and cross country skiing is a great way to pursue a healthy, outdoor lifestyle.

<https://www.skinh.com/deals/snowsports-passport>

Thank you,
Mrs. Gosselin



From Nurse Jackie:

Cold and flu season is here! Please remember that the single most important thing we can do to keep from getting sick and spreading illness to others is to wash our hands with soap and water!! Next, don't forget to cover your coughs and sneezes.....

Please keep your child home if he/she is ill. Any child who has a fever of 100 degrees or above should not be in school and will be sent home if he/she exhibits symptoms at school. A child with a fever should stay home for 24 hours after his/her temperature returns to normal without the use of fever reducing medication.

If your child has a sore throat for 3 days with no improvement he/she should have a throat culture for strep. If started on antibiotics they should not return to school until 24 hours after the first dose is given.

No student is allowed to have any medication with them at school. The only exception is a student who has been cleared by a physician to carry his/her asthma inhaler or epi pen. If your child needs to take medication at school, a medication permission form must be filled out and signed by a parent/guardian. If it is a prescription medication, the physician must also sign the form. Parents should hand deliver the medication to the health office. All medications must be in their original pharmacy container, I cannot accept loose pills or home containers with prescription meds in them.

Please remember to have children dress appropriately for the colder weather (gloves, hats, warm coats, etc.) It is also helpful to have extra socks, gloves, pants, etc for the younger children who often get muddy or wet when playing outdoors. With the early winter sunsets it is very important for children to have bright or reflective clothing if they will be out after dark.

In conclusion, I would like to thank ALL parents for their cooperation and patience with the number of head lice cases this year. Please continue to regularly check heads at home or have me do it at school. It has been helpful for parents to let me know if their child(ren) has been treated as I have been trying to track the number of cases per classroom so I can notify the parents of other classmates. We have been seeing fewer cases!

As always, please feel free to contact me with any questions or concerns regarding your children. We are just finishing up with heights and weights and plan to move on to vision testing per the Lion's Club. I will be sending out more information on this after the holidays. Hope you had a Happy Thanksgiving!!

Nurse Jackie



GPO News

In the month of November the GPO was hard at work! Successfully hosting Italian Dinner Night at the Community oven, collecting \$1,859 from Box Tops, kicked off Original Works, full capacity After School Enrichment program & collecting clothing for our Schoola drive. In addition, we are very excited to announce that our **NEW & IMPROVED** GPO website is **COMING SOON!** We owe a special thanks to Jodi Holt Designs for implementing/designing the website & making it very user friendly for our entire community.

Upcoming events: 11/30 Live Merry-Give Merry @ Making Faces 6:30-8:30 pm

Join in the fun & enjoy an evening celebrating the women of Greenland @ Making Faces! Part of the proceeds from this event will go back to the GPO that fund so many wonderful programs at GCS! This very special evening of GIVING.

Special treats, Swag Bags & lots of Raffles



News from the Athletic Department – Mrs. Connelly

Basketball season is now underway. Both the boys and girls teams started practice and are getting ready for their first games. GCS has 36 student athletes playing this season which will make up our 4 Basketball teams:

Boys Green & White teams – Coach Chad Cyr
7th & 8th grade Girls – Coach Chris Coates

The first games of the season will be at Newmarket on November 30th. Our first home games will be on Friday, December 1st. Come and cheer our teams on! You can find the complete practice and game schedule for each team on the Athletic Page on the GCS website. We are looking forward to a great season! Go Vikings!