

News from Principal Hallee

The Start of School:

We have hit the ground running at GCS! All grade levels were welcomed by the new administrative team during our welcome back assembly on the first day of school. During the assembly we introduced ourselves and reviewed behavioral expectations for the year. Staff and the administration have been working to fine-tune and explicitly teach expectations to the students in a variety of areas including the cafeteria, playground, and hallways.

Our Sticks and Stones Artist in Residence was in action from September 5th –September 12th. All students participated in an opening assembly as well as a final (school-wide assembly). In addition, all classes in grades 1-6 participated in sessions with Skip and Jeff which involved discussions around kindness, empathy, being an “upstander”, and caring about those around us. Our 7th and 8th graders spent the most time with Skip and Jeff. They participated in workshops around our theme and learned songs that became a part of our culminating presentation. Our middle school role models did an amazing job with their performance! The children were well prepared for the show, had incredible energy, and were amazing leaders for our younger children to see and learn from.

We hope to hold community meetings throughout the year to review expectations and build upon our theme of empathy and kindness.

SAFETY ALERT:

K-4 Students **arriving by car in the morning are to be dropped off at the sidewalk** in front of the **Stone Building**. Please drive down the second row of cars in the parking lot and proceed to the stone building. Proceed to the end of the curb (right behind the car in front of you). Have your students ready to depart on curb side (a staff member will be available to assist students). If you choose to walk your student in, or need to get materials out of your vehicle, please park in the lot closest to the stone building.

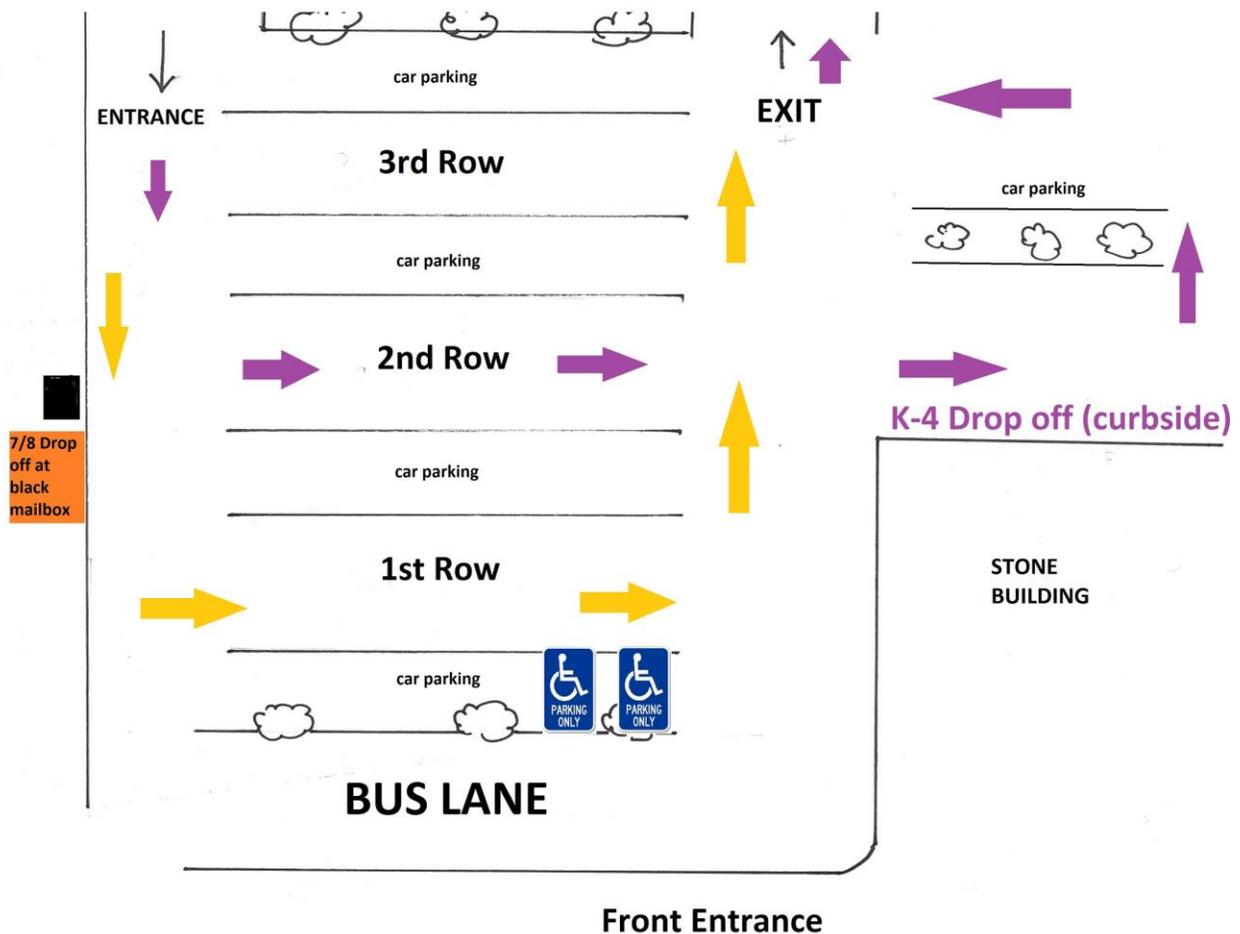
Middle school students will still be dropped off on the **side closest to the SAU building**, but we ask you pull no further forward than the large black mailbox. This will allow middle school drop off cars to pull through the parking lot and exit. *Please do not use the bus lane.

The row (in the parking lot) closest to the school by the front entrance should not be utilized during arrival and dismissal unless you are using the handicap spaces or coming from the middle school drop off area. Please do not block the handicap spots.

Dismissal: We are currently reviewing our dismissal procedures. While this is in process, please utilize the parking lot closest to the stone building to park and walk in to get your children. **More information to come.**

Students and adults are to use extreme care when walking or driving in our busy parking lot.

We are working with the Greenland PD in order to help make our parking lot a safer place and **thank you for your patience as we work through these changes together.**



Coming Soon!

10.5: Picture Day! **10.9:** No School **10.10:** GPO Mtg 7-8 **10.13:** Grades 6-8 Dance
10.20: No School/Parent Teacher Conferences

Kindness Counts:

October is National Bullying Prevention month. To celebrate this we will be spreading kindness throughout our building. Using the theme "Kindness Counts" from the songs in the Sticks and Stones presentation students will be recognized for acts of kindness. Student's who are noticed performing acts of kindness will have their names posted on a bulletin board outside the Counselor's office. Thank you to Hannah Westlake, Celine Lizotte, Emma Bowen, Zoe Rahn, Trinity Holden, Molly Mikkonen and Noella Conner for creating this activity with Ms. Cleary and Mrs. Hallee.



Veterans Day Celebration!

The annual **Greenland Central School Veterans Day** celebration will take place on **Thursday, November 9th at 9:00 a.m.** **Military veterans are invited** to join us that day to be acknowledged and honored for their service. **Please submit** the name and address of a veteran you would like to invite to our list of special guests for the Veteran's Day Celebration to the office. Contact the school office if you have further questions.



News from the Health Office (Jackie Thompson, RN)

Thanks to all for my warm welcome to Greenland! I am excited to be here and am looking forward to meeting everyone and having a fantastic school year.

Just a few reminders for parents. Please make sure that I have all updated immunization records, health forms, and action plans for students with allergies and asthma. By having this information available to staff we are able to better care for your children. Thanks to all who have completed this for me!!

Flu season has arrived and it is easy to confuse having a cold with having the flu.

Colds usually begin slowly and normally last only two to seven days. Symptoms are a scratchy, sore throat followed by sneezing and a runny nose. There is usually no fever.

Flu symptoms come on suddenly with a headache, dry cough and sometimes a sore throat. Your muscles will ache, you will be extremely tired, and you can have a fever up to 104 degrees. Most feel better in a few days but may last two weeks or longer.

Some preventive measures you can take are:

- Cover your nose and mouth with tissues when coughing or sneezing or into shirt sleeve if tissues are not available.
- Wash hands often with soap and water. Washing hands is the best way to keep from picking up germs that make us sick.
- Avoid touching eyes, nose and mouth.
- Clean/disinfect surfaces such as tables, counters, door handles and desks.
- Keep children home if they are sick. **If a child has a fever of 100 or above they should stay home for 24 hours after being fever free without the use of fever reducing medication.**
- If we all practice these simple steps we can reduce the spread of germs here at school.

DON'T FORGET TO GET YOUR FLU SHOT!



Health and PE from Mrs. Gosselin!



Most people know that eating fruits and vegetables is important for good health, but most of us still aren't getting enough. This September, as the Greenland community, let's try and participate in the Fruits & Veggies – More Matters Month.

Eating a healthy diet with plenty of vegetables and fruits can help you:

- Lower your risk for heart disease and some types of cancer
- Maintain or reach a healthy weight
- Keep your body strong and active

Here are some ideas to help you and your family fit more fruits and vegetables into your day:

- Keep a bowl of fruit handy where the whole family can see it.
- Cut up fruits and veggies ahead of time so they're ready for quick, healthy snacks.
- Challenge your family to try a new veggie or fruit every week.

Remember, eating more fruits and veggies can be fun – and it's worth it!

Source: Healthfinder.gov and U.S. Department of Health and Human Services

Mrs. Gosselin is teaching recess activities in Physical Education class this month. She is teaching the rules of Kickball and Four Square to students in grades 1-8. Students in Kindergarten are focusing on their locomotor skills while moving in personal and general space. Towards the end of the month, students will begin their fitness testing in grades K-8. Students will participate in the push-ups, curl-ups, PACER, sit and reach, and trunk lift physical fitness tests. Students are encouraged to try their best! Please let Mrs. Gosselin know if you are able to assist in your child's P.E. class (sgosselin@sau50.org).

In middle school Health, Mrs. Gosselin is teaching the *Becoming a Life Long Learner* unit. Students in eighth grade will be learning the values of a life-long learner, such as respect for self and others, honesty, integrity and perseverance. They will also review communication skills and conflict-resolution steps, as well as the various learning styles. Students in sixth grade will learn the traits of a life-long

learner, such as thinking creatively, being able to set short and long term goals, and using critical thinking skills.



Band/Music News from Mr. Guth

The GCS bands are gearing up for their upcoming performances. The 4th graders are fresh from their first lessons, and are tasked with making sounds, and assembling their instruments. They have two major events in the next four months. The 5th through 8th grade bands have three performances: Veteran's Day, the Portsmouth Christmas Parade, and the Winter Concert. They have six band periods (and six group lessons) to be ready for Veteran's Day. I hope band parents are hearing the sounds of music filling their homes, as young musicians ready themselves. Feel free to contact me if you have any questions.

"I would teach children music, physics, and philosophy; but most importantly music, for the patterns in music and all the arts are the keys to learning" — Plato



News from Media with Ms. Bacon:

News from the Library Media Center:

GCS families have access to our subscription internet resources at home or on the go!
<http://www.sau50.org/gcs> (Click on Media Center)

Username and Passwords:

[Grolier Online Encyclopedia](#): username: greenland password: nextspace

[EBSCO database](#): username: greenland password: 03840

[CultureGrams](#) (Geography): username: greenland password: 03840

[Brainpop](#): username: greenlandcentral password: school

[Raz-Kids](#)* (e-books grades 1-2): email your child's teacher or sbacon@sau50.org

*Note for parents of 1st and 2nd graders: to access [Raz-Kids](#) use the following teacher usernames.

1H: gcs1h, 1E: gcs1e, 1F: gcs1f, 2J: gcs2j, 2S: gcs2s, 2V: gcs2v

Greenland Parent Organization (GPO) Update

The Greenland Parent Organization is off to a great start this year with 5 new officers & many new programs on the horizon! We will meet the 2nd Tuesday of every month in the GCS library, all guests are welcome!

Here is what we have been up to prepping for the new year:

- Successful Kindergarten play date at the school, welcoming all new children & families to GCS community!
- Provided the burgers & hot dogs for the Back to School BBQ, fun time had by all!
- 20th Annual GPO Golf Outing at Breakfast Hill Golf Club on 9/9, with a record setting number of golfers "95"! This amazing event is the sole fundraising effort providing scholarships to Greenland Seniors!
- Funded the Sticks & Stones anti-bullying program focusing on Empathy as our theme for the school year. The kids loved it & really helped to set the tone for a great year!
- Kicked off Fall After School Enrichment program offering Hip Hop, Yoga & Book club, something for everyone!
- Kicked off our Box Top initiative, please start to save ALL of your box tops!

UPCOMING EVENTS: Italian Dinner night & Original Works! The GPO website is under construction at this time, please continue to look for updates via email & on our GPO Facebook page! Thank you for getting us to 200

Field Hockey Announcement



Field Hockey Team joins Play 4 the Cure annually to raise money for Breast Cancer Research. We dedicate a game each year, this year it will be October 10. The new donation web page is <https://www.crowdrise.com/play4thecure-2017>

PARENTS RIGHT-TO- KNOW

Title I, Part A of ESEA (*The No Child Left Behind Act of 2001*)



Parent's Right To Know - (Section 1111(h)(6)(A-C))

Qualifications: At the beginning of each school year, a LEA that receives Title I funds must notify parents of each student attending any Title I school that the parents may request, and that agency will provide the parents on request (and in a timely manner) information regarding the professional qualification of the student's classroom teachers, including at minimum the following:

- ◆ Whether the teachers has met State qualifications for the grade levels and subject areas in which the teacher provides instruction;

- ◆ Whether the teacher is teaching under emergency or other professional status that the State has waived;
- ◆ The degree major of the teacher and any other graduate certification or degree held by the teacher and the field of discipline of the certification or degree; and
- ◆ Whether the child is provided services by professionals and if so their qualifications.

Additional Information - A school that receives Title I funds **must provide to each individual parent** –

- ◆ Information on the level of achievement the child has made on all state assessments; and
- ◆ Timely notice that the parent's child has been assigned or taught for 4 or more consecutive weeks by a teacher who is not highly qualified.

Format – The notice and information provided to parents under this paragraph shall be in an understandable and uniform format and, to the extent practicable, provided in a language that the parents can understand.